RESEARCH METHODOLOGY

RESEARCH APPROACH
Quantitative approach.

RESEARCH DESIGN
Descriptive and Comparative method

RESEARCH SETTING
Selected Hospitals and Nursing Institutes of Rajkot, Gujarat.

POPULATION
Clinical Nurse (Nursing Matron, Assistant Matron, Head Nurse & Staff Nurse) and Nurse Academician (Principal, Vice – Principal, Professor, Associate Professor, Lecturer, Assistant Lecturer, Nursing Tutor & Nurse Demonstrator) of Selected Hospitals and Nursing Institute of Rajkot, Gujarat.

SAMPLE SIZE
Sample size will be 125 Clinical Nurse and 125 Nurse Academician

SAMPLING TECHNIQUE
Non-probability convenient sampling technique

VARIABLES UNDER STUDY

VARIABLES-
INDEPENDENT VARIABLE - Demographic Variables
DEPENDENT VARIABLE – Level of stress and its impact of health

DATA COLLECTION TECHNIQUE AND INSTRUMENTS
The present study aimed to assess the Perceived Occupational stress and its impact on Health between various position of Clinical Nurse and Nurse Academician. The researcher will go to the field directly to collect the data. The prior permission will be obtained from consent authorities.

DEVELOPMENT OF TOOL
Standardized stress assessment scale will be used to assess the level of perceived stress. Check – List will be used to assess the impact of health.

DESCRIPTION OF TOOL
Section 1: Comprised of 10 items on demographic data
Section 2: Consists of Standardized stress assessment scale

Section 3: Consists of Check – List to assess the impact of health

RELIABILITY AND VALIDITY

Reliability will be done by TEST RETEST METHOD

Content validity of tool will be done by experts

PILOT STUDY

Prior to pilot study administrative permission will be taken from respective authority and informed consent will be taken from the samples. Pilot study will be done among 25 samples from Selected Hospitals and Nursing Institute of Jamnagar, Gujarat. Samples will be selected by Non-probability convenient sampling technique.

PLAN FOR DATA COLLECTION

Prior to data collection informed consent will be taken from the sample. And they will be assured that their identity will not be revealed in any case.

PLAN FOR DATA ANALYSIS:

Data will be analyzed by both descriptive (mean, median, frequency, percentage and standard deviation) and inferential statistics (paired 't' test and chi-square test). The data will be presented in form of tables, charts, and graphs.

WORK PLAN

<table>
<thead>
<tr>
<th>SL.NO</th>
<th>TIME PERIOD</th>
<th>ACTIVITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>December 2018</td>
<td>Tool preparation</td>
</tr>
<tr>
<td>2</td>
<td>December 2018</td>
<td>Content validity of tools from experts</td>
</tr>
<tr>
<td>3</td>
<td>January 2019</td>
<td>Intervention plan and getting official permissions from the settings.</td>
</tr>
<tr>
<td>4</td>
<td>February 2019</td>
<td>Data collection</td>
</tr>
<tr>
<td>5</td>
<td>March 2019</td>
<td>Preparation of data for analysis</td>
</tr>
<tr>
<td>6</td>
<td>April 2019</td>
<td>Analysis and interpretation of data</td>
</tr>
<tr>
<td>7</td>
<td>April 2019</td>
<td>Chapter preparations</td>
</tr>
<tr>
<td>8</td>
<td>May 2019</td>
<td>Completion of full thesis</td>
</tr>
<tr>
<td>9</td>
<td>June 2019</td>
<td>Send thesis to university or evaluation</td>
</tr>
</tbody>
</table>