1.1 Proposed methodology and Work plan

As asserted by the literature reviewed in the previous section and other scientific evidences, individuals in the age group of 17 to 30 are perceived to be among the most vulnerable of groups to alcohol use & misuse and other drug dependencies because of the scientific phenomenon of pre-frontal cortex developing after the mid-twenties which impairs the judgment and other decision making processes among the young individuals and other factors being lack of knowledge about the effects of alcohol and drug substances on their mental health and other domains of life such as social and personal along with various stress related studies, anxiety and depression issues, family, career, environment and money. The study thus aims to find out specific behavioral problems in relation to specific substances addiction and also develop a behavioral modification protocol for them. Thus, the study shall combine the research methodology of both primary and secondary databases, which shall also include substantive quantitative analysis for the sample age group of 17 to 30 years particularly those who are presently addicted or have a history of addiction. Further in depth interviews and survey shall also be conducted with key informant groups who indulge in the treatments of the patients with such addiction disorders to arrive at key findings on how such trends can be curbed and what all measures can be developed for an effective management of this social problem together with also deriving conclusions for an effective drug policy that the nation can implement among other individual and social measures that are required to deal with this phenomenon.