1.1 Aim and Objectives of the Study

With the basic aim to develop a modification protocol on various behavioral problems outraged by the specific substance addiction in the adult population of Bhopal city, the following objectives have been framed to conduct the study in a steady manner:

1. To Develop Behavioral modification protocol on specific behavioral problems in relation to specific substance (Alcohol, Hypnotics, Tranquilizers, Anti-depressants, Stimulants, and Narcotic analgesics) addiction among adults.

2. To assess specific behavioral problems in relation to alcohol and drug addiction before administration of Behavioral Modification Protocol.

3. To Develop Behavioral modification protocol on specific behavioral problems in relation to specific Drug substance and alcohol addiction among adults and to assess the changes after the administration of Behavioral Modification Protocol.

4. To find the association between specific behavioral problems and selected demographic variables in relation to alcohol and drug substance addiction.

5. To develop and test guidelines on management of behavioral problems and on prevention and control of substance addiction.