METHODOLOGY

Research Tools and Methodology

Methodology
A Stratified convenient sample of 30 nursing colleges will be selected from available institutions. Sampling will done from first year nursing students and their clinical instructors of the strata to interview with a structured questionnaire, Some of the major aspects will consider in this evaluation are anxiety, stress, coping among the first year nursing students during their initial training and the assessment of clinical teaching strategies used by their clinical instructors. Responses received from them will be analyze and summarize, in the form of pie charts and bar charts.

Sampling
The sample consisted of respondents of 30 nursing colleges. The stratified convenient sampling method will adopted.

Sample size
30 nursing colleges will be selected from Dakshina Kannada district.
60-100 first year nursing students will be selected from each college according to the strength of their class.
Both male and female students will be included for the study.
Data about teaching strategies will be collected from teachers of the concerned colleges.

Data Collection Instruments
The research instrument in this study will be the questionnaire, it will be used to avail information needed. The questionnaire will mostly close ended with multiple choices.
Questionnaire is prepared for the respondents of nursing colleges. Questionnaire includes both general information and specific information and framed according to the objectives set in the required order.
Data will also be collected by using Clinical stress scale – questionnaire will be prepared and content validity will be taken.
Stress response scale – Standardized tool will be used coping behavior inventory.
Teaching strategies - closed ended questionnaire will be prepared and content validity will be taken.

1. Field of study
The field of study has been restricted to the Dakshina Kannada of Karnataka state. The focus is to conduct survey on assessment of anxiety, stress, coping among first year nursing students prior to initial clinical training and the clinical teaching strategies used by their instructors.

2. Specification purpose
The main purpose of the survey is to find the level of anxiety, stress, coping of nursing students and also to assess the adopted methods of clinical teaching.

Sources of Data: -
Following sources has collected data: -

a. Primary Data: -
Preparing questionnaires for collecting data, this will be distributed among the nursing students and their teachers to get feedback. A face to face interview will conduct to collect more information which will increase the amount of information related to the concerned topic. In this survey the more importance will given to primary data than secondary data because it is more reliable.

b. Secondary Data
The various sources for secondary data like books, pamphlets and small note sheets from the nursing colleges.
WORK PLAN

Study will be conducted in the nursing colleges of Dakshina Kannada district; this study will be based on survey method.