OBJECTIVES

1. To obtain the socio-demographic background of patients with type II diabetes mellitus
2. To study the clinical profile of metabolic syndrome and its individual components in type II diabetes mellitus patients
3. To determine the prevalence of metabolic syndrome in type II diabetes patients
4. To assess the risk factors for metabolic syndrome in the study population
5. To estimate the relationship of physical inactivity and sedentary lifestyle on metabolic syndrome
6. To estimate the extent of perceived stress and sleeplessness in metabolic syndrome
7. To estimate the effect of atherogenic and high sugar containing diet on metabolic syndrome
8. To analyze health related quality of life in patients with Type II diabetes mellitus