Hypothesis:
1. There will be a significant change on Self confidence level between experimental and control group of male subjects.
2. There will be a significant change on Self confidence level between experimental and control group of female subjects.
3. There will be a significant change on Self confidence level between experimental and control group of the subjects.
4. There will be a significant change on Emotional intelligence level between experimental and control group of male subjects.
5. There will be a significant change on Emotional intelligence level between experimental and control group of female subjects.
6. There will be a significant change on Emotional intelligence level between experimental and control group of the subjects.
7. There will be a significant change on Adjustment level between experimental and control group of male subjects.
8. There will be a significant change on Adjustment level between experimental and control group of female subjects.
9. There will be a significant change on Adjustment level between experimental and control group of the subjects.