Objectives of the Study

The objectives of the study are as follows:

1) To identify the changes in the life styles of BPO employees.
2) To study the impact of BPO on the health and psychology of employees
3) To get to know the culture damage done due to BPO way of life.
4) To suggest measures for creating better BPO climate in Mumbai.

Hypothesis

The hypothesis for the study is as follows:-

H0 – There is no significant change in lifestyles of BPO employees in Mumbai city.
H1 – There is a significant change in lifestyles of BPO employees in Mumbai city.