INTRODUCTION

“The ‘New’ Physical education emphasize education through the Physical as a Philosophical basis for Sports, Fitness and Physical Education, a Philosophy in which activity is believed to contribute to physical, mental, social and intellectual strength paving way for all-round, wholesome and harmonious development of an individual.”

“Modern concept of Physical Education has given rise to a Global perspective and has become one of the most viable factors in cross culture integration. Sports have its own language and can provide a medium for international understanding and goodwill among nations. It has assumed great importance not only for self actualization at the national level but for social maturation and survival at the Global level.”

Co-ordination and maintenance of standards in teaching and research is the statutory responsibility of University Grants Commission and in this connection the Commission consults the Universities as well as the experts on its various Panels. The Act of the Commission empowers it to frame regulations in some of these matters and a violation of the regulations by any institution could cause suspension or withdrawal of the grants provided by the Commission. Since the Universities and the Commission are equally keen to maintain and raise standards of education and research there has always been cooperation in this sphere. In research, the Commission has taken a number of policy decisions to make more money available to expand the base – for example in minor and major research projects, to improve the infrastructure in selected institutions in order to enable them to raise standards of postgraduate education and attract projects from many national agencies in relation to areas of national importance. A cadre of Research Scientists in all subjects in the Lecturers, Readers, Professors, has also been
created so as to make research and excellence oriented careers an attractive proposition for talented young men and women. Government of India approved by parliament in 1968 required that research institutions should function within the fold of the universities in close association with them. The Commission is creating major research facilities in the university system with cooperative and autonomous management and use of such facilities.

The universities have a proud record in research – in fact, practically all famous Scientists and Scholars whom we remember were university people. The strength of the university system which makes it so effective in research is its free atmosphere and constant induction of fresh minds who work with dedication to solve problems within severe limitations of time. In order to maintain the position of pre-eminence in research, however, the universities have to be self critical and show readiness to improve their performance in research.