


Sathiamma, Sulekha; Kandavel, Thennarasu; Appajachar, Vedamurthachar; Trichur, R. Raju, M. Kutty, Bindu (2006). Evaluation of sleep architecture in practitioners of Sudarshan Kriya yoga and Vipassana meditation, *Sleep and Biological Rhythms 2006; 4:207–214*


Tundwala, Vijay; Gupta, R. P.; Kumar, Surendra; Singh, V. B.; Sandeep, B. R.; Dayal, Prabhu; Prakash, Parul,(2012) *International Journal of Basic and Applied Medical Sciences.*

Vedamurthachar A.; Bijor, Anita, R; Agte, Vaishali; Reddy, Swathi; Lakshmi, B. (2011). Short Term Effect of Sudarshan Kriya Yoga on Lipid and Hormone Profile of Type 2 Diabeti Patients.