Objects of Study

The present study is concerned with the following objects.

1) To gather new information about trainer and participants on effect of ‘Sudarshan Kriya’ who are activity involved in the, ‘Art of Living’ camps in Vidarbha.

2) To collect information about the contribution traners, district coordinator, regional coordinators, to the art of living camps that will be organised in the region.

3) To study the various problems confronted by participants and trainers in the , ‘Art of Living’ camps in respect to gate solution.

4) To inincreasede the participation of people in the, ‘Art of Living’ camps.

5) To search the causes of apathetic attitude towards the , ‘Art of Living’ camps.

6) To study the effects of the , ‘Art of Living’ camps. On the participants body and mind during the time of camps.

7) To popularise and expand the art of living rapidly and quickly.

The present study is concerned with the following objects:

1) To gather new information about trainer and participants on effect of ‘Sudarshan Kriya’ who are activity involved in the, ‘Art of Living’ camps in Vidarbha.

2) To collect information about the contribution traners, district coordinator, regional coordinators, to the art of living camps that will be organised in the region.

3) To study the various problems confronted by participants and trainers in the , ‘Art of Living’ camps in respect to gate solution.

4) To increase the participation of people in the, ‘Art of Living’ camps.

5) To search the causes of apathetic attitude towards the , ‘Art of Living’ camps.

6) To study the effects of the , ‘Art of Living’ camps. On the participants body and mind during the time of camps.
7) To popularise and expand the art of living rapidly and quickly.