WORK PLAN AND METHODOLOGY

This study will from critical sector services information directly from analysis of the hill in diet and nutrition of women and children in society, tribal garasiya society will be in reference to its effects. Research method will be used primarily numerical research method.

RESEARCH DESIGN:
A research design is the arrangement of condition for collection and analysis of data in a manner that aims to combine to be research purpose with the economy in procedure. This study is descriptive in nature, which explores food and nutrition in bhiloda, meghraj, vijaynagar and khedbrahma taluka.

TITLE OF THE STUDY
A study on food (Diet) and nutrition in women and children in tribal dungari garasiya society.

SUB TITLE OF THE STUDY
A study on 300 tribal women’s of food and nutrition in women an children in tribal dungari garasiya society.

IMPORTANCE OF THE STUDY
Food and Nutrition plays vital role inn women and children. If small children are not born with enough nutrition and food (Diet), it is not possible for a child’s growth and development, and they become victims of child malnutrition and die. And if the child’s mother during her pregnancy does not receive sufficient food and nutrition for both mother and child when the victim to die of malnutrition. So if it is not already a child and a pregnant mother and daughter have been given adequate nutrition to suffer from serious
malnutrition problem that can be prevented. In doing so, as well as any other place in society, and the mother of the child will hold out hope. And as much good nutrition and healthy child can be given a higher good.

**RESEARCH METHODOLOGY**

**HYPOTHESIS**

- Clarifying the meaning of sub-imagine and sub-hypothesis states that a statement that the emphasis placed on the probe to check the genuineness. More specifically, these author say that a child conceived in question that any kind of answer to the still pending. Under the imagination of the people and against the general opinions may also be relevant. At the end of the test also proved the correct sub-imagination and also prove false.

- According to Lunndbarga that says that conceived with a temporary generalized exaction test are still pending.

- According to black it is a statement that says that a child conceived certainly true that you do not know it is wrong but the check is to determine its civility.

- According to vebsstarana dictionary has been said about the relationship between science sub-imagining or incidents temporary speculated about the reason.

- Garasiya hill tribal people in society will be weakened economic situation.
- Garasiya hill tribal society because children are not good and they did not nutritious providing food, his health will be weak.
- During pregnancy interviewer from the beginning will be seeking a health checkup.
- Garasiya hill tribal society then previously now have less nutritional standards.
- Garasiya hill tribal society, the less will be the son of the daughter of malnutrition.
- The first labor garasiya hill tribal society from a young age to be a mother and child health is compromised.
- Tribal society of people living in agricultural areas will take anganwadi services regularly.