REVIEW OF LITERATURE

1. The common beliefs, customers and practices connected with health and Disease have been found to be intimately related to the treatment of Disease. It is necessary to make a holistic view of all cultural dimension of the health of a community. In most of the tribal communities, there is a Wealth of folklore related to health. Documentation of this folklore available in different socio-cultural systems may be very rewarding and could provide a model for appropriate health and sanitary practices in a given eco-system. Maternal and child care is an important aspect of health seeking behaviour which is largely neglected among the tribal groups.

Basu et al., 1990

2. In the world there are the large populations of the children dead through the malnutrition. A community based controlled, effectiveness trial was carried out in rural. Following channels were used for the intervention: Traditional birth attendant to counsel on immediate and exclusive breastfeeding at birth; Local village based workers like anganwadi workers belonging to ICDS scheme to counsel mothers of children under two; Auxiliary nurse midwives to counsel mothers at immunization clinics; and primary health centre physicians and private practioners to counsel care givers. There are the needful of the primary treatment during the malnutrition of the children and the adults.

Bhandari, Nita et al. (2005).

3. “The Indian economy had recently grown at historically unbalanced rates and is now one of the fastest-growing economies in the world. Per capita calorie intake is declining, as is the intake of many other nutrients; indeed fats are the only main nutrient group whose per capita consume is unambiguously increasing. Today, more than three quarters of the population live in households with per capita calorie consumption below in urban areas and in rural. A related concern of nutrition in India, for both adults and children, are
among the very bad in the world. Other more, the improvement of their judgment of nutrition appear to be low relative to what may be expected in the light of national experience and of India’s recent higher rates of economics grows up. Indeed, according to the National Family Health Survey, the proportion of underweight child remained virtually unchanged.


4. The Mid Day Meal scheme is a welfare scheme to improvement the nutritional level of school children and improvement cycle. The functioning of cooked mid day meal scheme in Delhi. Kitchens were visited, many schools were surveyed, and that teachers and suppliers’ employees were interviewed. It was found that the meal give between 8.30 and 9.30 a.m. in morning schools and between 1.30 and 2.30 p.m. in evening schools. The food was cooked in Central kitchen. There were no complaints of food getting spoil because of time lags at any point between the cook and the eat of the meal, there are the everyday the different meal provides to the children in the school in morning and evening session. This type of the project is reduce the malnutritional level in the nation.


5. The study was to evaluating a nutrition education intervention designed to improve infant growth and feeding practices in rural Karnataka. Infant under six months were enrolled between 1997-1999 from 13 villages. The most of the malnutrition cases are seen in the backward area and other then the illiterate area in India. To reduced that type of the malnutrition then the mother during pregnancy were take the enough food and the nutrition based food during pregnancy and do the exercise during pregnancy. And after the pregnancy to do maximum times of the breastfeeding to new born baby to get enough nutrition and the protein and vitamins.

Kilaru, A. et al. (2005).
6. India has the largest number of undernourished people in the world, and one of the highest levels of child malnutrition. The present report showed the situation of hunger, malnutrition and food insecurity in India, and examined the main findings and concerns regarding the realization of the right to food. In India there are many children and the adult dead from the malnutrition in Gujarat, Rajasthan, Jharkhand etc. Most of the victims of starvation were women and children, members of Scheduled Tribes and Scheduled cast. Lack of implementation of food based schemes. There was also lack of implementation of the food based schemes in most states of India, 


7. The prevalence of child under nutrition in India is among the highest in the world. In the world there are the lots of children and the adults living with the malnutrition. In the world there are many nongovernmental organization has going on the projects on children health improvements and the better developments of the children. Integrated child development services had plays the vital role to development of the children around the world. ICDS provides good services to children and to keep the children to live with the malnutrition and other diseases. And to do improvement them. It is plays the vital roles to suggest the parents of the children to how to take care of the malnutrition children for the good healthy and make them healthy.

Das Gupta, Monica and Shekar, Meera. (2006).

8. The concept of the nutritional education in the each and every school in India from the madras corporation. The primary school of India and the state level school provides the mid day meal in the school for the reduce the malnutrition from children and the adults. There are the 1.3 million beneficiaries which is about one-third of the total number of beneficiaries in Gujarat. Every government school has started the mid day meal for children who was hungry and to come out from the tribal area. Through the mid day meal the children take diet properly and it is the calories food and to improve the body growth and development of the children in every school.

Deodhar, Satish et al. (2007).

9. At the time we can not find the level of the nutrition and the malnutrition in the world.
The survey of the 2003 National Assessment of Adult Literacy (NAAL) provide a basis on which the nutrition literacy problem. On a scale of under basic, basic, intermediate and sufficient, it found thirteen percent of adult Americans have proficient health literacy and another person who has the law basis literacy nutrition. The study found that health literacy increases with education and people living below the level of poverty have lower health literacy then those above it. Another study examining the health and nutrition literacy status of residents of the lower Mississippi Delta found that 52 percent of participants had a higher livelihood of limited literacy skills. Get better health outcomes.

_Arlene J. Spark - 2007_

10. The malnutrition scenario is to affect and caused the all people in the nation. In India there are the most of the children; adult women and adult men suffer from chronic energy malnutrition in the 3 years of his or her age. The government has to put on the best projects in the India of Mid day meal for the little children for the government primary school and the other sector and the anganvadi. Through the mid day meal the children eat the diet and food in the school mainly who was not to eat in his or her home. This projects is specially to include in government school for the reduce the malnutrition level in the children. Malnutrition is very dangerous disease, and to reduce the weight of the human body and to do loose of the bone in the human body. Government is to try to reduce the malnutrition in each and every place of the nation.

_MS Swaminathan Research Foundation, Chennai. (2008)._  

11. “Fruits and vegetables contain all the needy vitamins and minerals needed for a healthy body. All fruits and vegetables are minimum expensive and very enjoyable than vitamin supplements and pills. “

Many people take vitamins to be healthy, but by eating the good foods namely fruits and vegetables, vitamins become unnecessary. Doctors and scientist believe that anti-oxidants naturally found in fruits and vegetables can helpfully prevent some types of cancer and other dangerous diseases. Taking vitamins as
opposed to eating produce, you miss out on fiber that safe the body from disease. Produce Packs a Nutritious hits. Higher fertility rate in tribal women compared to the national women compared to be national average

Anni Daulter – 2012

12. In India have higher rates of child malnutrition, because traditionally in India requires that women eat last and least throughout their lives, the pregnant women do not take better food or diet for the good health. In Indian country there are lots of children and adult lives with the dangerous malnutrition, the reason of this malnutrition is that the low celery food, lake of the vitamins and the other factors. Through the inadequate food, bed housing, bed sanitation, unhealthy lifestyles, against environmental hazards and communicable diseases, the frontiers of health extend beyond the narrow limits of medical care is the reason of the malnutrition. Health is the holistic process related to the overall growth and development of the nation, we reduce the malnutrition from the nation.

Md. Nure Alam Siddiqi, Md. Nuruzzaman Haque,
Md. Abdul Goni

13. Women empowerment in India using various indicators based on data from secondary sources. Women empowerment is the great achievement in Indian country. There are the Gender gap between in the men and women in India. In India the women going for the employment for her development. It is found that acceptance of unequal gender norms by women are still prevailing in the society. Today the women are engaged in the political participation liked, panchayat, nagarpalika and the other factor. No other field there are the women is success. Women are success in each and every place in India. In India the gender discrimination is decreases through the women empowerment. Women’s development has, therefore been one of the major issue in India. Empowerment of women is essentially the process of enlistment of economic, social and political status of women, the traditionally underprivileged ones, in the society. One major therapy prescribed by woman
empowerment advocates is empowering women through legislation for ensuring participation in political decision making.

Author: Nayak, Purusottam  
Author: Mahanta, Bidisha

14. Pulse protein feeding pattern was more efficiency than a spread pattern to improving protein anabolism in young women as was already shown in elderly women. After an adaptive period, young women were given a diet providing protein, using other a pulse pattern, or a spread pattern. Through the protein the body make healthy and the period of the pregnancy it play the vital role to the better health of the mother and the baby. And the after the born baby immediately breastfeeding is get the good vitamins and protein to the little baby. The pulse protein is improving the growth of the baby for the better health and to make healthy. For the better breastfeeding to the child the mother were taken the healthy food. Through the breastfeeding the baby body were grows up and healthy.

Author: Arnal MA, Mosoni L, Boirie Y

15. Although the exercise is the investigated for the metabolism for the human body. Little is known about similar effects for protein dynamics. The main benefits of the exercise is that the circulating the blood from the human body and the reduce the cholesterol from the blood and or the maintain the cholesterol from the blood from the human body, and the tighten to make the leg muscle. Exercise is the good mechanism for the human body. Exercise is to increases the metabolism from the stomach from human body.

Author: Deanna K. Levenhagen, Jennifer D. Gresham

16. Dementia is to effect of the stomach of the human body. The light dosed of the alcohol is to reduce the normal disease like, headache and other light diseases. Consumers of light-to-moderate amounts of alcohol have a lower risk of dementia. The alcohol is to burn the appendix and to do lower the metabolism process from the human body, after that to out the bed diet and
food from the human body throughout from vomiting. Alcohol is a one type of the drugs and to take each and every time for the addicted is to harm the heart of the human body and the other parts in body and to do make the loose of bone from the body.

**Author:-Tom den Heijer, Sarah E Vermeer**

17. The delivery rate of amino acids to an organism is important affects protein anabolism. The rate can be controlled by the type and the timing of feeding. During young and adult ages, when food supply is light, subjects can adapt to various modes of protein feeding. In the little aged there are in the primary school were going on the projects of mead day meal. T type of the diet is to grow up the children body and make them to healthy and the exercise is play the vital role in this period like, playing, running, walking is to reduced the fatty protein from the human body.

**Author:-Mosoni L, Mirand PP**

18. Exercise is to grow up the human body fast, which can occur only if muscle protein synthesis exceeds muscle protein breakdown; there must be a positive muscle protein balance. Exercise is to improve the diat balance and the protein balance in the human body. And the increases the metabolism process in the human body day by day. Amino acid availability is an important regulator of muscle protein metabolism. Exercise is to reduce the disease and the diabetes from the human body and to make the human body healthy. Exercise is to grows up the muscles and the reduce cholesterol measurement from the human body. Exercise is to reduce the stomach and make strengthen of muscles and also the body parts tight.

**Author:-Tipton KD, Wolfe RR**

19. The supplementary nutrition in the children and elder is to play the vital role for the better health. For the good grows up of the human body the supplementation of food and the medicinal in the diet is needful. 

1.) Protein requirements for fight trained athletes; 
2.) The effect of the digestion rate of protein on muscular protein balance; 
3.) The exercise do the maximum time for growth of body; 
4.) To know about how much time to take the protein food in twenty four hour.
5.) protein gives the good balance and strength performance of human body;

**Author:-Jacob Wilson**

20. The nutrition guide is user-friendly computer software for knowledge empowerment of nutrition educators and its subsequent transfer at grass root level. The nutrition component has also strived to identify micro-nutrient deficiencies with the aim to suggest diet modifications and establish nutrition gardens as approaches to health and nutrition security. The Human Development component which initially focused attention on data generation for developing growth norms of rural children is now empowering rural mothers for optimal development of children through interventions on scientific child care practices. The establishments of farm crèche for comprehensive child care facilities in supplementary feeding and development of child through creative play materials. The training of crèche workers through training materials on child care practices empowers them to be efficient caretakers.

**Author:-Benzi G, Ceci A** 21. Muscle strength is determined by muscle size and factors related to neural recruitment. The good nutrition is to increases the size of the muscles and the human body and grows up the body parts. Strengthen nutrition is to make the body healthy and the stable lives. The strengthen nutrition is take from the fatty milk and the children take the law fatty milk products. Little children to take strength nutrition from breastfeeding during the periods of the zero to two years from his or her mother. To reduced the malnutrition in the little children and the mother in the time of pregnancy to take good food and the worked in some times for the better health from the exercise.

**Author:-Volek JS**

22. Recently the government claimed the hypothetical association among dairy product consumption, generation of dietary acid, and harm to human health. Dairy product is harm the human body because the dairy product id makes the fatty acid based product. In the human body there are the need of the butter
milk and the milk, but the overdosed of the fatty product like, Milk and other dairy products continue to be a good source of dietary protein and other nutrients. The modern diet, and dairy product consumption, does not make the body acidic. The credit of the fatty milk and the other fatty diet and food may caused the the human body and the increased the cholesterol in the blood, and influence the metabolism process in the human body. And this type of the food is to make the body heavily

Author: Fenton TR, Lyon AW

23. The additional protein materials in the diet, to grow up the actual kilocalorie of the human body. After the taken food or diet at that time the circulation of food process and buffered process started in the human stomach. This process is most needy to better health and to reduce the cholesterol level from the blood of human body. In this period of the age the dietary based acid ae to included in the food. In diet there are protein and the vitamins are reduced the other bed material from the body. Adolescent is the period of the better grow up and the development of the human body and the faster development or speedy growth of the body parts. TO increases the dietary based acid in the body the vegetables and the soup of the vegetable are needed.

Author: Dirk Aerenhouts, Peter Deriemaeker

24. “Poor diet Malnutrition is the causes of the deaths of million children each and every year, and the poor diet malnutrition is to become the fail of the human body or human brain immediately.

In the human body there are the lack of nutrition leaves their bodies hunger of crucial minerals, vitamins, proteins and fat, and the meaning that their brains and bodies do not develop properly at this level. In this period of the malnutrition the treatment under good physician is for good and the better health. In the nutrition the protein and vitamins are played vital roles for the growth and the development of human brain and the body growth.

National Association of malnutrition
25. “Most mutton diet such as chicken contains all the essential amino acids needed for humans.” Proteins are the basis of human body structures (e.g. muscles, skin, and hair). They also form the stop the control chemical reactions throughout the body. Proteins in the food are the best opportunities to give the good health for long time line. In the human body the protein is replace every time in the place of the damaged protein In the human body there are compulsory storage of the ammuno acid, and vitamin present in the diet. Typically the acid is in urine in the human body. In human body there are twenty ammuno acid. In a time of pregnancy or a time of injury the acid in the human body plays a vital role for the development and growth of the body. A complete protein source contains all the need fully acids.

Henry Brown

26. “There are six main kinds of nutrients: hydrogen, oxygen, fats, minerals, protein, vitamins, and water.”

These nutrient kinds can be categorized as either macro nutrients or micro nutrients. The macronutrients include hydrogen, oxygen, fats, protein, and water. The micronutrients are provides the minerals and vitamins, his macronutrients provide structural source and energy. Some of the structural source can be used to emergence energy internally, and in other case it is measured in calories and vitamin “c”. Carbohydrates and proteins provide the stable energy to the human body. Vitamins, minerals and water do not provide energy, but are required for other reasons. A third class of food source, fine vein is also required for both mechanical and biochemical reasons.

K.Mallikharjuna Rao

27. “Malnutrition is an important lean tissue or inadequate diet for a long time period in the setting of severe stress. It is a important component of many diseases.” In the developing country there are more then 20,00,000 children die. Measles is known to interact particularly with deficiencies of protein energy
and of vitamin A.” and Kwashiorkor is also a malnutrition type of classically considered to be caused by dietary deficiency that develops over several weeks or months. It is characterized by anemia, every time edema in a part of body; muscle atrophy, g, and impaired. In this time the treatment in hospital is very important for better health. It can be persistent and severe if feeding is not commenced between the 7 to 10 days.

Prakash S Shetty