Work plan and Methodology:

The Study has been divided particularly into parts that is:

Part I- Theoretical.

Part II- Analytical.

Part III- Findings, Suggestions and Conclusions.

A social research is the systematic method of discovering the new facts or verifying the facts, their sequence, interrelationship, casual explanation and the natural laws which govern them.

According to Clifford Moody, research comprises defining and redefining problems, formulating hypothesis or suggested solutions, collecting organizing and evaluating data making deduction and making conclusions and at last carefully testing the determine whether they fit the formulated hypothesis”.

Descriptive research method will be used for this relevant research because in this method we can study pervasively and subjects which are selected by the students.

Observation Method:-
In the research method the techniques which is broadly used for collecting information is called the technique of observation when sufficient information is not available researcher personality goes and tries to get information by taking the interview of the people or tries to get that information by any other sources that kind of technique is called observation techniques.

This techniques will be used in the relevant research. According to vitaney in the techniques of observation research, institution or service are studied analytically and critically on their basic conditions. In the library and Information science of knowledge for the use of observation technique, primarily, interview and questionnaires are use as sources.

**Questionnaire Method:-**

There are many libraries in the Arts, Commerce and Science, Pharmacy, Law, Education, Physical Education, Architecture, Engineering Colleges in Ahmednagar District. That’s why to collect the information through questionnaire is very convenient. So, in this relevant research questionnaire will be used for getting information. Information will be got from the Librarian and Library personnel in the libraries.
This technique is very important for getting real collection of information about a social subject. The person who give co-operation for getting information about a problem as well as interviewers observation with a learned presenter for getting information is called interview.

Only one type of Questionnaire was designed to collect data and circulated to the Ahmednagar district Librarian.

In this relevant research the interview of the Librarian and Library Personnel in the Library will be taken for Collecting information and that information will be presented in the interview-index. After the collection of the information by above mentioned techniques and other devices will be presented through the graphs, tables and maps. Then, that devices will be used for the analysis of that information in a personnel.

**Scope and Limitations:-**

This relevant study is limited only for the librarian of all the colleges in the Ahmednagar District. The Study of the stress of the Librarians and Personnel of 63 Arts, Commerce & Science colleges, 6 Pharmacy Colleges, 5 Law Colleges, 23 Bachelor of Education Colleges, 2 Physical Education Colleges, 2 Architecture Colleges, 8 Engineering Colleges in included in the research.

**Utility of Research:-**
There are many reasons of the stress of the librarian and library personnel. That reason will be find out in the relevant research. And how that stress can be made less means how the management of the stress can be done in a proper manner will be studies in the relevant research. And whether there is possibility of finding out some remedies for minimizing the intensity of that stress in order to make less the stress of the librarian and library personnel which is created by the routine job and other things that study is included in this relevant research

**Utility of the relevant Research in the Library and Information Science:**

The Librarian and the Library personnel In the library have to face many serious problems and diseases because of this stress which are that problems? Why are they created? Whether, there are some ways which will be found out for solving that problems, this thought is important according to the point of this relevant Research scholar.

I feel that this relevant research will prove very useful for the librarian and the library personnel in the library for solving the following problems

1) Manpower.

2) Regular incensement in the numbers of readers.

3) Limited devices & comparatively unlimited needs.
4) The relationship between the librarian and other staff in the library.

5) The burden of official staff in the colleges.

6) Psychology of the staff.

7) Problems created because of accepting information technology.

8) Responsibility about the literary reading.

9) Shortcomings in the budget.

10) Availability of the readable literature.

11) Psychology of the students.

12) Psychology of the official management of the college.

13) Librarian and Higher Education.

14) Not permission of expenditure.

15) Uncertainary in the service.

16) Non grantable syllabus.

17) Computerization of Library.